



**INFORMATION FOR
WAKARISHIN & KOKORO KAI
11th INTERNATIONAL COURSE
& CHAMPIONSHIPS**



PLEASE KEEP THE FOLLOWING INFORMATION FOR YOUR REFERENCE

Date: *Saturday 20th May 2017*
Arrive at 8.00 to register and change ready for the start.

Venue: *Southend Leisure & Tennis Centre*
Garon Park Eastern Avenue Southend on Sea Essex SS2 4FA

Prices: *Senior Participant £32 Junior/OAP Participant £18.00*
Senior Spectator £5 Junior/OAP Spectator £3

Participant prices include course and entry to up to 3 categories that you wish to enter. Pairs demo can also be done but will NOT be included as one of your 3 choices. Cash or cheques, made payable to 'Ian Arbon'. Party night tickets available at £32.00 (adults) and £16.00 (juniors) each. This includes a 2 course hot buffet meal and disco. The Venue is The Palace Hotel, Southend Sea Front. Ask your club Sensei for more details

Categories: *Tick categories you wish to compete in on the entry form opposite. Those competing in continuous fighting will need to have their equipment checked by your Sensei before the competition date to ensure it meets BJJ GB competing regulations.*

Registration: *Entry form and payment for competitors **MUST** be returned no later than the **1st May 2017**. Please ensure your insurance / membership is up to date otherwise you will need to renew your insurance before the day to participate. Course only and Spectator tickets may be purchased up to one week before.*
ALL SENIOR COMPETITORS WILL BE WEIGHED FIRST THING IN THE MORNING WEARING THEIR GI.

Competition: *The day starts with a formal line up. The course then follows until lunchtime (junior course includes games). The competition commences after lunch until completion. **ALL COMPETITORS MUST REMOVE THEIR GRADE BELTS. BELTS ARE NOT ALLOWED TO BE WORN DURING THE COMPETITION.***
ALL COMPETITORS MUST PARTICIPATE IN THE MORNING COURSE. ANYONE FOUND LEAVING THE MAT EARLY TO REST, OR ARRIVING ONCE THE TRAINING COURSE HAS FINISHED, WILL BE BARRED FROM COMPETING IN THE AFTERNOON.
Medals are presented throughout the day.
Refreshments are available but due to the large number of participants there may be long queues, it is advisable to bring your own lunch/refreshments (light lunch for those competing!)

Please note that all tickets must be purchased in advance, there will be no facility for people to pay on the door. This applies to both participants and spectators alike
Entry is by ticket only, **NO TICKET - NO ENTRY!!**
TICKETS WILL BE CHECKED



**ENTRY FORM FOR
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& CHAMPIONSHIPS**



PLEASE RETURN THIS PART ONLY TO YOUR CLUB SENSEI

Name: _____

Address: _____

Telephone No: _____ **Mobile No:** _____

Age: Enter Age if under 17 _____

Current Grade: _____

Competing Categories: Please tick the categories in which you wish to compete.

Seniors: 17yrs & above	Juniors: Under 17yrs
<input type="checkbox"/> Continuous Fighting	<input type="checkbox"/> Continuous Fighting (Age 10 +)
<input type="checkbox"/> Random Attacks	<input type="checkbox"/> Ground Fighting
<input type="checkbox"/> Empty Hand Kata (Brown & above)	<input type="checkbox"/> Random Attacks (AGE 8+)
<input type="checkbox"/> Weapons Kata (Brown & above)	<input type="checkbox"/> Sumo (Age 5 - 7 ONLY)
<input type="checkbox"/> Pairs Demo (max time 2mins)	<input type="checkbox"/> Empty Hand Kata (1 person) Brown Belts & above
<input type="checkbox"/> Course only	<input type="checkbox"/> Weapons Kata (1 person) Brown Belts & above
<u>Choose maximum 3 events only</u>	<input type="checkbox"/> Pairs Demo (max time 2mins)
<u>NOT including pairs demo</u>	<input type="checkbox"/> Course only
	<u>Choose maximum 3 events only</u>
	<u>NOT including pairs demo</u>

Tear or Cut Here

For Pairs Demo's
Your Partners Name: _____

No. of Spectator Seats Required: ADULT CHILD OAP

No. of Party Night Tickets Required: Adult Junior

**16yrs & under Parent/
Guardian To Sign:** _____

THE COMPLETED FORM **MUST** BE RETURNED NO LATER THAN **1ST MAY 2017**

Sensei Use	Weight: _____	Payment	Received: _____
Only			